

WHAT IF?



SORENESS: At the start, braces and the new wire may cause your teeth to be sore and sensitive- but that means your teeth are moving! (That's a good thing!) On occasion, a tooth may feel more mobile than the rest. No worries, it will gradually stabilize. Many of our patients find that Tylenol and Ibuprofen help relieve soreness over the next few days after a new wire. Your cheeks also may be a little tender. This too shall pass. Your tissue will toughen up to the new hardware after 3-4 days.

BROKEN BRACKET? If a bracket that isn't attached to the wire breaks then no need to be alarmed. Just save it for your future appointment and we'll get you fixed up. But if you have a bracket dangling on the wire, then let's get you taken care of. Give us a call and we will schedule you for a repair appointment. If you're feeling adventurous, you may be able to clip your own wire with some nail clippers or wire clippers. We have an afterhours work phone that you can call and have an assistant talk you through it.

What Are These Things For?

TURBOS or SPEEDBUMPS: These are temporarily placed to prevent teeth from biting on other brackets and breaking them. Just know, it will be difficult to eat at first and that is normal. Cut food into smaller pieces.



Walking in VS. Scheduling an Appointment: Although we always LOVE to see you, we all want your treatment to advance properly and efficiently. Your time is very important to us. We always recommend that you call and schedule an appointment so we can accomplish everything.

CINCHES: When you first get your braces the wire is a starting wire that is very flexible. You'll notice the wire curled and tucked away from your cheek to prevent the wire from flexing out of the back bracket.



OPEN COIL SPRINGS: This compressed spring helps to lightly open space for erupting or blocked out teeth. They may irritate your lip a little at first as a space is made.



COLORS: Colors are a reward for great brushing! Since you have the newest and most efficient brackets, colored ties are not needed, but they can be put around the upper braces and under the wire for decoration!



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